



Red Flag Signals

Do you...

- Feel afraid of your partner most of the time?
- Feel that you can't do anything right?
- Believed that you deserve to be hurt or mistreated?
- Get embarrassed by your partner's behavior towards you?
- Avoid topics or situations out of fear of angering

Does your partner...

- Humiliate, criticize or yell at you?
- Blame you for his behavior
- Threaten to hurt you?
- Threaten to take your kids away?
- Threaten to hurt your kids or pets?
- Force you to have sex?
- Act jealous or possessive?
- Keep you from friends & family?
- Limit your access to money?
- Keeping you from getting a job?
- Keeping you from going to school?
- Constantly checking up on you?
- Threatens to kill you?
- Threatens to harm themselves if



Does your friend or loved one...

- Have frequent injuries resulting from "accidents"?
- Frequently and suddenly miss work, school or cancel plans?
- Receive frequent calls from a partner?
- Isolate from friends and families?
- Have insufficient resources to live (money, credit cards, car)?